isostar go far.

ENERGIE

POWERTABS

Dissolvable Powertabs are specially adapted for short and intense physical activity due to their specific content of carbohydrates and minerals.
Based on an isotonic formula, this drink **hydrates the body and enables optimal gastric emptying**.
Powertabs are also rich in antioxidant vitamins C and E, essential to **fight against free radicals** produced by physical activity, and in vitamins B1, B2, B6 and PP, to ensure that cells convert the carbohydrates into energy.
They are **low in calories**, providing just 87 kcal per serving.

When and how to consume Isostar Powertabs?

Powertabs are recommended for use during training and short (less than 1 hour) and intense (or prolonged and moderate) physical activity.
Dissolve 2 lemon tablets (24g) in 500ml of water.

AVERAGE NUTRITIONAL VALUES:

2 tablets = 24g (for 500ml of made-up drink).

	Unit	Content per 100 g	% R.D.A.* per 100 g	Content per 24 g	% R.D.A.* per 24 g
Calorific value	kCal	362		87	
Calorific value	kJ	1543		371	
Proteins	g	0		0	
Carbohydrates	g	79,9		19,2	
- of which sugars	g	70,5		16,9	
Fat	g	0		0	
- of which saturated	g	0		0	
Fibre	g	0		0	
Sodium	g	1,43		0,34	
Calcium	mg	360	45 %	86	11 %
Magnesium	mg	156	52 %	37	12 %
Potassium	mg	375		90	
Vitamin E	mg	12,5	125 %	3	30 %
Vitamin C	mg	80	133 %	19	32 %
Vitamin B1	mg	0,9	64 %	0,22	16 %

** R.D.A.: Recommended Daily Allowance*

LIST OF INGREDIENTS:
Dextrose, acidifier: citric acid, sodium acid carbonate, natural flavouring, starch, potassium carbonate, magnesium carbonate, calcium carbonate, sodium chloride, calcium phosphate, maltodextrin, sweetener: aspartamine, vitamins: C, E, B1, sucrose, colouring: beta-carotene, stabilizer: acacia gum, emulsifier: modified starch, dried glucose syrup, soya hydrogenated, vegetable oil, copra vegetable oil.
Contains a trace of phenylalanine.

EXPIRY DATE: 24 months after product manufacture.
NET WEIGHT: 120 g.
PACKAGING: tube of 10 tablets.

Discover the rest of the Energie range